

The ThreadLift™, the Non-surgical FaceLift

Procedure Description

The ThreadLift™ is a minimally invasive office procedure performed under local anesthetic that is designed to elevate, reposition and lift lax skin of the brow, face and neck without surgery. It is a combination of several "thread" techniques (Aptos, Featherlift, looplift, Wofflelift) that have been used throughout Europe in the past decade to achieve maximum aesthetic effects with minimal recovery. The ThreadLift™ employs non-surgical "contour" threads and sutures that have been used for decades in cardiac, abdominal, neuro and plastic surgery. The ThreadLift™ works by having these tiny threads inserted painlessly under the skin. These fine threads are similar to those that would be used to support the deep structures of your face if you were to receive a real surgical facelift. Using local anesthetic, the threads are passed into the droopy facial element with a special guide needle. The threads are then able to grab on to the droopy soft-tissue and muscle of the desired area. The ThreadLift™ is done without general anesthesia, a knife, scars or significant recovery. Most patients experience minimal bruising or swelling for 1-7 days. The ThreadLift™ is not painful and most patients can return to normal activities with makeup the next day. The threads stay where they are inserted and, like all internal sutures, are generally well tolerated by the body. The threads and their effects are removable, reliable, and reversible.

The ThreadLift™ shows immediate effects. Patients can achieve 30-70% of what an invasive facelift may achieve and well over 90% of ThreadLift™ patients report very satisfying lift results. The ThreadLift™ lasts 3-5 years and can be repeated. Many ThreadLift™ patients may combine the skin tightening effects of the ThreadLift™ with any other procedure offered by Dr. Younger. Patients may choose to re-suspend tissue with this technique in several years or go on to more aggressive forms of plastic surgery at any time.

Recuperation and Healing

The ThreadLift™ has minimal downtime. Most patients can often apply make up and return to work in about a week. Depending on the patient and the extent of the procedure, you may experience mild to moderate swelling and bruising that would require 1-10 days off work and normal activities. In general, your skin will feel quite swollen and tight for 2-3 days after the procedure. The ThreadLift™ effects will continue for up to 3-5 years, at which point a second procedure may be performed if desired. Each procedure takes approximately 1-2 hours depending on the number of sites treated. Dr Younger can treat the brows, cheeks, jowls and neck. You will be able to go home within 1 hour after the procedure.